

Consent

Welcome to the 2017 Senior Cohousing Survey!

This survey is part of a research study that aims to describe senior cohousing and identify factors that contribute to residents' satisfaction and well-being. We are inviting all residents of the 11 senior cohousing communities in the US to participate. Participation consists of completing this survey, which will take approximately **30 minutes**.

You may elect to be entered in a raffle for a **\$150 gift card** if you **send an email to cohosurvey@gmail.com with "senior coho" in the subject line**. Your email address will not be associated with your survey responses. No other identifying information, such as your name or the Internet Protocol (IP) address of this computer, will be collected, stored, or accessed by the researchers. The anonymous survey data will be retained indefinitely by researchers for future use. The Institutional Review Board at University of Wisconsin at Milwaukee or appropriate federal agencies like the Office for Human Research Protections may review this study's records.

Your participation is voluntary and you may discontinue participation at any time without penalty; however, we encourage you to answer all questions because it will strengthen the results of the study. There are no known risks to your participation. Your participation (or decision to not participate) will have no impact on your relationship with your cohousing community.

This study is **sponsored by Coho/US and Cohousing Research Network (CRN)** and is under the supervision of faculty at the University of Wisconsin-Milwaukee School of Architecture & Urban Planning, with collaborators at University of North Carolina, Wilmington. If you have any questions please contact Angela Sanguinetti, Director of CRN, at angelasanguinetti@gmail.com. If you have any complaints about your treatment or questions about your rights as a participant please contact the Institutional Review Board (IRB), University of Wisconsin-Milwaukee, (414) 229-3173, P.O. Box 413, Englemann 270, Milwaukee, WI 53201.

You are eligible to participate if you are at least 55 years of age, live in a senior cohousing community, and have not already taken this survey.

- ☐ I agree to these conditions and wish to participate
- ☐ I do not agree and/or decline to participate

Warm-up questions

Q61. What is the name of your senior cohousing community?

- ☐ Elderberry
- ☐ ElderSpirit Community at Trailview
- ☐ Glacier Circle

- ☐ LifeSong Commons
- ☐ Mountain View Cohousing
- ☐ Oakcreek Community
- ☐ PDX Commons
- ☐ Phoenix Commons
- ☐ Sand River Cohousing
- ☐ Silver Sage Village
- ☐ Wolf Creek Lodge
- ☐ Other (please specify):

Q18. How long have you lived here?

Q68. What was your housing situation before you moved here?

- ☐ Single family house
- ☐ Apartment, townhouse, or condo
- ☐ Retirement community
- ☐ Other (please specify):

Q69. Did you live alone?

- ☐ Yes
- ☐ No, lived with family
- ☐ No, lived with friends
- ☐ Other (please specify)

Q70. If you had not moved here, where do you think you would be living?

- ☐ Would not have moved
- ☐ Other (please specify):

Q62. Did you live in cohousing at any time prior to moving to your current community?

- ☐ Yes

- ☐ No
- ☐ Not cohousing, but another type of intentional community

Moving in to cohousing

Q19. Please rate the following factors in influencing your decision to join a cohousing community.

	Not at all important	Slightly important	Moderately important	Very important	Extremely important
Desire for emotionally connected and supportive relationships with neighbors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desire for practically supportive and helpful relationships with neighbors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desire to live in a more ecologically sustainable manner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had positive experience of community living during my childhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had positive experience of community living during my adulthood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dissatisfaction with traditional nuclear family living models	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desire to age independently in a home of my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q20.

In which, if any, of the following ways did you undergo significant downsizing when moving in to cohousing? (Check all that apply)

- ☐ Reduced dwelling size/floor area
- ☐ Reduced household chores
- ☐ Reduced yard/land area
- ☐ Reduced yard maintenance

- ☐ Reduced personal belongings
- ☐ Reduced housing value or equity
- ☐ Reduced cost of living
- ☐ None of the above
- ☐ Other (please specify):

Q13. About how many square feet is your individual cohousing unit?

Q93. Do you have a private fruit/vegetable garden and/or access to a shared fruit/vegetable garden in your community? (Select all that apply)

- ☐ Private garden for my household
- ☐ Access to community garden
- ☐ No access to garden in community

Satisfaction with community

Q17. How has living in cohousing affected your satisfaction with life?

- ☐ Strongly positively
- ☐ Generally positively
- ☐ Somewhat more positively than negatively
- ☐ Somewhat more negatively than positively
- ☐ Generally negatively
- ☐ Strongly negatively

Q31. Overall, how satisfied are you with your cohousing community?

- ☐ Very dissatisfied
- ☐ Somewhat dissatisfied
- ☐

Somewhat satisfied

- ☐ Very satisfied

Q25. How satisfied are you with each of the following aspects of your cohousing community?

	Very dissatisfied	Somewhat dissatisfied	Reasonably satisfied	Considerably satisfied	Extremely satisfied
Monetary cost	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Placement of dwellings and common spaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The help residents give each other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The work residents do for the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities for social relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities to live a sustainable life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Geographic location	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sharing of goods and services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q95. To what degree have the following factors affected (positively or negatively) your feelings about cohousing?

	Has a minimal effect	Has a moderate effect	Has a very high effect
Monetary cost	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Placement of dwellings and common spaces	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The help residents give each other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The work residents do for the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities for social relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities to live a sustainable life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Geographic location	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sharing of goods and services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q96. Is the amount of daily informal social interaction in your community sufficient for you?

- ☐ Should be less
- ☐ About right
- ☐ Should be more

Q84. How do you think the amount of mutual support in your cohousing community compares to what would be available in these other housing situations?

	More in cohousing	About the same	Less in cohousing
Where you used to live?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Where you would probably be living if not here?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q98. Please describe how cohousing has impacted your household's cost of living, including any examples of situations where living in cohousing saved you money or incurred unexpected costs.

Q11. Please think about your cohousing community when rating the following statements:

	Strongly disagree	Mildly disagree	Neutral	Mildly agree	Strongly agree
The physical appearance of my community fits well with who I am as an individual.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I live in my community, but feel like my roots are elsewhere.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My community is home to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe here.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Strongly disagree	Mildly disagree	Neutral	Mildly agree	Strongly agree
There is a strong community spirit here.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When talking to others about my community I feel proud.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am attached to my	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

community.

I would be sorry to move, even if those people closest to me moved with me.



Q97. Please think about your cohousing community when rating the following statements:

	Strongly disagree	Mildly disagree	Neutral	Mildly agree	Strongly agree
If challenges arise for the group as a whole, we are able to actively respond to those challenges.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our group is able to obtain what it needs to thrive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our group bounces back from even the most difficult setbacks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our group is able to achieve things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our group is adaptable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q56.

To what degree do the following aspects of life in cohousing cause you stress?

	Not at all	A little bit	A lot
Community meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community governance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q75. What do you like best about living in your community?

Q78. What do you like least about living in your community?

Daily life in cohousing

Q23. Please describe your participation in the following activities at your cohousing community.

	More than once a week	About once a week	About once a month	Less than once a month	It occurs but I never participate	Does not occur in my community
Community meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smaller dinner groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smaller management team meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community work days	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Routine building maintenance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Construction projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Routine grounds maintenance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Landscaping projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gardening, farming or animals husbandry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical, spiritual or mental wellness groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Movie or game nights, talent shows	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Live music, other art shows/performances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Literature, arts or crafts clubs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other special interest groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parties, holiday celebrations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other community traditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	More than once a week	About once a week	About once a month	Less than once a month	It occurs but I never participate	Does not occur in my community
Babysitting, childcare exchange or cooperative	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Carpooling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Care and support of elderly neighbors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Care and support of						

sick or injured neighbors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support of new parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exchange or donation of services (home/car/bike repair, computer support, pet/plant care, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Materials exchange, gifting or sharing (tools, clothes, housewares, vehicles, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Voluntary financial aid or assistance between neighbors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skill sharing or training among neighbors.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Events that benefit the larger community (fundraising, educational, entertainment, political)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Informal, spontaneous social interactions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Informal, spontaneous interaction with or enjoyment of the green spaces or animals in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q24. Please indicate the major reason why you participate in the following activities.

	I enjoy it	It benefits the community	It is expected of community members	It is required of community members	I don't participate in this activity
Community meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smaller management team meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community work days	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gardening, farming or animal husbandry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Routine building maintenance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Construction projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Routine grounds maintenance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Landscaping projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical, spiritual or mental wellness groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parties and holiday celebrations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other community traditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exchange or donations of services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q26. How (if at all) has your participation in the following changed since you moved in to cohousing?

	Increased a lot	Increased somewhat	No change	Decreased somewhat	Decreased a lot
Talking about politics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Writing to members of Congress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Making financial contributions to campaigns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Campaigning door to door	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Voting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Physical well-being

Q58. The following questions pertain to your physical health. We are collecting this information to better understand the complex relationships between health and life in community. As with all the survey questions, your responses are anonymous and confidential.

Q36. What is your weight?

Q37. What is your height?

Q38.

Do you consider yourself overweight, a little overweight, about right, or underweight?

Do you consider yourself overweight, a little overweight, about right, or underweight?

- ☐ Underweight
- ☐ About right
- ☐ A little overweight
- ☐ Overweight

Q39. What is your waist circumference (in inches)?

Q40.

Do you follow a special diet?

- ☐ Yes
- ☐ No

Q41. Which of the following best describes your diet?

- ☐ Normal
- ☐ Low sodium
- ☐ Low fat
- ☐ Mediterranean
- ☐ Vegetarian
- ☐ Vegan
- ☐ Other

Q42. How would you rate your general physical health compared to that of others of your own age?

Much better

☐

Slightly better

☐

About the same

☐

Slightly worse

☐

Much worse

☐

Q43.

Which best describes your blood pressure?

- ☐ Slightly low
- ☐ Healthy
- ☐ Slightly high
- ☐ High, requiring medication

Q44.

On how many of the past 7 days did you engage in vigorous physical activity?

(Vigorous physical activities cause you to breathe hard and your heart rate to increase. Examples include jogging, swimming, tennis, aerobic dancing, or bicycling.)

Q45.

Do you visit a physician for an annual wellness visit?

☐ No

☐ Yes

Q47.

Do you suffer from any chronic disease or disability? If "yes", please briefly describe.

(According to U.S. National Center for Health Statistics, chronic diseases last longer than 3 months and generally cannot be prevented by vaccines or cured by medication, nor do they just disappear.)

☐ No

☐ Yes

Q48.

Do you have any memory problems that affect your ability to function on a daily basis? If "yes", please briefly describe.

☐ No

☐ Yes

Q49.

Do you discuss your health problems (chronic or acute) with any members of your cohousing community?

☐ No

☐ Yes

Q50.

Approximately what is the annual out-of-pocket cost for your health care (including deductibles, co-pay, and prescriptions)?

Psychological well-being

Q59. The following questions pertain to your psychological health. We are collecting this information to better understand the complex relationships between health and life in community. As with all the survey questions, your responses are anonymous and confidential.

Q35. The following is a list of values that some people want out of life. Please rate the importance of each in your daily life, where 1 = very unimportant and 7 = very important.

	Very unimportant	2	3	4	5	6	Very important
Sense of belonging	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Warm relationships with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self-fulfillment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being well-respected	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fun and enjoyment of life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Excitement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Security	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self-respect	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A sense of accomplishment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q72. Please indicate where you generally place yourself on a continuum of introversion to extroversion.

Introversion means you generally feel more energized by solitude or solitary pursuits.
Extroversion means you generally feel more energized by social activity and being with others.

	Introvert	1	2	3	4	5	6	6	7	8	9	10	Extrovert
You													

Q54. How would you rate your general mental health status?

Very good	Good	Neither good nor poor	Poor	Very poor
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q55.

To what degree do the following aspects of life cause you stress?

	Not at all		A little bit		A lot	
Work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family or significant relationship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Finances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Not at all		A little bit		A lot	

Q57.

With which of the following role(s) do you identify? (Check all that apply)

- ☐ Friend
- ☐ Caregiver for child
- ☐ Parent
- ☐ Employer
- ☐ Employee
- ☐ Volunteer
- ☐

Caregiver for adult

- ☐ Neighbor
- ☐ Other

Q58.

In answering the following questions, please think about your current relationships with friends, family members, co-workers, community members, and so on. Please indicate whether you strongly agree, agree, disagree or strongly disagree with the following statements:

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
There are people I can depend on to help me if I really need it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that I do not have close personal relationships with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is no one I can turn to for guidance in times of stress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

stress.

There are people who depend on me for help.

There are people who enjoy the same social activities I do.

Other people do not view me as competent.

I feel personally responsible for the well-being of another person.

I feel part of a group of people who share my attitudes and beliefs.

I do not think other people respect my skills and abilities.

If something went wrong, no one would come to my assistance.

I have close personal relationships that provide me with a sense of emotional security and well-being.

There is someone I can talk to about important decisions in my life.

I have relationships where my competence and skill are recognized.

There is no one who shares my interests and concerns.

There is no one who really relies on me for their well-being.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

There is a trustworthy person I could turn to for advice if I were having problems.

I feel a strong emotional bond with at least one other person.

There is no one I can depend on for aid if I really need it.

There is no one I feel comfortable talking about problems with.

There are people who admire my talents and abilities.

I lack a feeling of intimacy with another person.

There is no one who likes to do the things I do.

There are people I can count on in an emergency.

No one needs me to care for them.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q29. Please rate each of these statements in terms of the way you generally feel.

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I often feel a sense of oneness with the natural world around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think of the natural world as a community to which I belong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I recognize and appreciate the intelligence of other living organisms.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often feel disconnected from nature.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My personal welfare is independent of the welfare of the natural world.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Aging in cohousing

Q82. How would you describe your community's approach to aging?

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
Lots of people who live here are in the same situation that I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am mostly dealing with my aging alone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We do not deny the realities of aging here.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like learning to age well together is a goal here.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We have forums and other planned opportunities to talk about aging concerns and issues.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a neighbor who I can count on as my care coordinator or "buddy"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

to help me if I need it.

Q91. If your community is discussing aging related issues, what resources have you used? (Select all that apply)

- ☐ Study guides
- ☐ Books/publications
- ☐ Consultants
- ☐ Organizations
- ☐ Speakers/media presentations
- ☐ Aging is not being discussed
- ☐ Aging is being discussed but I am not involved
- ☐ Name any specific resources if you wish or others not listed above:

Q83. On a scale of 1-5, where 1 = "not interested and 5 = "open, very interested", how would you describe **your own** willingness to discuss issues related to aging and the willingness of **other community members**?

	0	1	2	3	4	5
You						
Other community members						

Q3.

Aging in place means living where you want to live for as long as possible. To what degree are the following factors limiting or supportive of your ability to age in place at your cohousing community?

	Very supportive	Somewhat supportive	No impact	Somewhat limiting	Very limiting
Physical distance from services and amenities outside the cohousing community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical layout of the cohousing community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Amenities and services					

AMENITIES AND SERVICES

within the cohousing community

Physical layout of my unit

Square footage of my unit

Social relationships with cohousing community members

Distance from relations outside the cohousing community

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q4. Has your community engaged in any of the following to support a resident aging in place? (Check all that apply)

- ☐ Unit swaps to accommodate residents' changing needs (please describe):

☐

Modification of existing units or addition of units to meet residents' changing needs (please describe):

- ☐ Policy changes (please describe):

- ☐ None of the above

Q88. If older adult community members have needed care, how has the community learned about the need? (Select all that apply)

- ☐ The member or someone in their household informed the community
- ☐ A care team or residents' committee keeps track of members' health and needs
- ☐ A community member reached out to the member or someone in their household
- ☐ An outside family member or friend informed the community
- ☐ Other (please specify):

Q89. How has the community responded to older adult members' care needs? (Select all that apply)

- ☐ Individual members provided care based on existing personal relationships
- ☐ The community had a committee organize community volunteers
- ☐ Each member has chosen a neighbor to organize community volunteers to help if needed

Each member has chosen a neighbor to organize community volunteers to help if needed

- ☐ The community arranged for professional caregivers
- ☐ Outside family members and/or friends helped with care or care arrangements
- ☐ Other (please specify):

Q90. If the community cannot/did not provide necessary support, either based on the level or possible duration of need, how has this been determined and communicated? (Select all that apply)

- ☐ A community policy addresses this
- ☐ No community policy exists; care needs are addressed on a case-by-case basis
- ☐ A care committee/representative meets with the member households to discuss
- ☐ The community does not get involved in care issues
- ☐ Other (please specify):

Q92. If a member moves out to receive more care, temporarily or permanently, how has the community managed the transition? (Select all that apply)

- ☐ The community was informed about the change by community representatives
- ☐ There was no formal communication about it; only word-of-mouth
- ☐ There was some community recognition of the changes (group event or gathering)
- ☐ The transition was purposely kept quiet
- ☐ The community continued to support the member by visiting regularly
- ☐ The transition led to discussions about care support in the future
- ☐ The transition led to development of a community event or ritual
- ☐ Other (please specify):

Q73. Please describe anything else the community is doing to help older adult members to age in place.

Q74. Please describe anything else you think the community should be doing to help older adult members age in place.

Q79. How has living in your cohousing community affected your quality of life during your aging experience?

Q80. How does your experience of growing older in your community compare to your experience where you used to live?

Q81. If you would like, please share any other thoughts you have on aging in your community.

Demographics

Q60. Almost done! These final questions are demographic and personal. They will help us describe who is living in senior cohousing.

Q51. What is your age?

Q60. What is your sex?

- ☐ Male
- ☐ Female
- ☐ Not that simple

Q62. With which category do you most identify?

- ☐ Hispanic, Latino or Spanish origin
- ☐ Not Hispanic, Latino, or Spanish origin

Q63. With which category do you most identify?

- ☐ White
- ☐ Black or African American
- ☐ Asian
- ☐ Native Hawaiian or other Pacific Islander
- ☐ From multiple races

Q61. What is your sexual orientation?

- ☐ Heterosexual

- ☐ Homosexual
- ☐ Bisexual
- ☐ Other

Q66.

Are you now married, widowed, divorced, separated, or never married?

- ☐ Never married
- ☐ Married
- ☐ Separated
- ☐ Divorced
- ☐ Widowed
- ☐

In a long term committed partnership, but not married.

Q68.

How many children do you have?

Q70.

Do you have a pet? (Check all that apply)

- ☐ No
- ☐ Cat(s)
- ☐ Dog(s)
- ☐ Other (please specify):

Q67.

How many people live in your unit (only including people who regularly stay there, not visitors or less than half time residents or occasional guests)?

- ☐ 1 (just you)
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ More than 5 (please explain):



Q64.

What is the highest level of schooling that you have completed?

- ☐ Less than a high school degree
- ☐ High school degree or equivalent
- ☐ Some college, but no degree
- ☐ Associate's degree
- ☐ Bachelor's degree
- ☐ Some graduate work but no degree



Master's degree

- ☐ Doctoral degree

Q65. Which of the following categories best describes your employment situation?

- ☐ Employed, working 1-20 hours per week
- ☐ Employed, working 21-39 hours per week
- ☐ Employed, working 40 or more hours per week
- ☐ Primary work is home-making or caring for family members
- ☐ Full time student, including employment as part of a graduate program
- ☐ Not employed, looking for work
- ☐ Not employed, NOT looking for work
- ☐ Not employed, but have a regular volunteer position
- ☐ Retired
- ☐ Retired, but have a regular volunteer position
- ☐ Disabled, not able to work
- ☐ Disabled, but have a regular volunteer position

Q65. Do you currently have a valid driver's license?

- ☐ Yes
- ☐ No

Q66. How many vehicles are owned or leased by members of your household?

- ☐ 0
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ More than 4 (please specify):

Q72. Which of the following religions best describes your religious beliefs?

Q73. Aside from weddings and funerals, how often do you attend religious services?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once or twice a month
- ☐ A few times a year
- ☐ Seldom
- ☐ Never

Q76. Generally speaking, do you consider yourself a Republican, Democrat, Independent, or something else?

- ☐ Republican
- ☐ Democrat
- ☐ Independent
- ☐ Other (please specify):

Q74.

What was the approximate PRE-TAX combined income of your HOUSEHOLD (all members 18 and older) in 2016? This includes money from jobs; net income from business, farms, or rent; pensions; dividends; interest; social security payments; and any other money income.

Q75. What is the approximate net value of your HOUSEHOLD'S total assets (including the

Q87. What is the approximate net value of your HOUSEHOLD'S total assets (including the house/after deducting the mortgage)?

Q87. Thank you so much for your participation. Your responses will contribute to a better and broader understanding of cohousing. Remember to send an email to **cohosurvey@gmail.com** with "**senior coho**" in the subject line to enter a raffle for \$150.

Please share with us any additional insights you have about senior cohousing or special circumstances that may have affected your survey responses.